London Paediatric Orthopaedic Meeting

18 June 2020

Venue: UCL Great Ormond Street Institute of Child Health

CPD: 6 credits

Platinum sponsors
London Paediatric Orthopaedic Meeting
18 June 2020
Venue: UCL Great Ormond Street Institute of Child Health, London

Meeting convenors:
Mr Michail Kokkinakis, Consultant Paediatric Orthopaedic Surgeon, Evelina London Children’s Hospital
Mr Gavin Spence, Consultant Paediatric Orthopaedic Surgeon, Great Ormond Street Hospital for Children
Ms Andrea Yeo, Consultant Paediatric Orthopaedic Surgeon, St George’s University Hospital
Ms Anna Bridgens, Paediatric Orthopaedic Fellow, Evelina London Children’s Hospital

A new one-day multidisciplinary meeting for all clinicians who treat paediatric orthopaedic patients, including surgeons, physiotherapists, nurses, occupational therapists, and physicians’ associates. We plan to skip the basics and the free papers in favour of succinct clinical updates and lively, relevant debate. The format includes general plenary sessions of relevance to all, followed by in-depth workshops which participants may choose according to their own specific clinical interests. The aim is to provide a forum where clinicians involved in the care of paediatric orthopaedic patients can hear about the latest developments and thinking on specific areas of practice we all find difficult.

The four areas chosen for this meeting are:
• The different surgical options for severe hip pathology in paediatric patients
• The new challenges of lengthening intramedullary nails in limb reconstruction
• Controversies in paediatric trauma
• Controversies in the orthopaedic management of cerebral palsy

By the end of the meeting participants will have taken part in extensive and detailed discussion of these four areas, which will allow them to develop their own practice in an evidence-based, logical, and up-to-date manner. They will have a better understanding of the controversies, the challenges and pitfalls, the resources needed, and (hopefully!) of consensus where that is appropriate. They will also have the opportunity to meet other practitioners in the field and build networks for referral and working together in the future.

Call for abstracts
Consultants, trainees, and AHPs are invited to submit abstracts for the LPOM poster presentation prize (£300). Abstracts should focus on the areas of trauma, hips, cerebral palsy, limb reconstruction and rehabilitation in relation to paediatric orthopaedics.

Submission deadline: Friday 27 March 2020

Email events@oruk.org for further information.
**LIMB RECONSTRUCTION: What are the options in 2020?**

**Chair:** Mr Gavin Spence

**12:30**  
External fixation in paediatric limb reconstruction - tips for successful outcomes  
Mr Robert Hill, Consultant Paediatric Orthopaedic Surgeon, The Portland Hospital

**12:50**  
Lengthening intramedullary devices - a game-changer?  
Professor Rainer Baumgart, Head of Center, ZEM-Germany, Center of Corrective & Reconstructive Limb Surgery, Munich

**13:10**  
Discussion

**13:30**  
Lunch

**BREAK OUT SESSIONS (1)**

**TRAUMA: Sports injuries in children**  
**Chair:** Mr Nick Nicolaou

**14:30**  
The child athlete - a different breed?  
Dr Jane Simmonds, Clinical Specialist Physiotherapist & Principal Teaching Fellow, UCL Great Ormond Street Institute of Child Health

**14:45**  
Paediatric ACL injuries  
Ms Joanna Thomas, Paediatric Orthopaedic Consultant, University Hospital Southampton

**15:00**  
Rehabilitating paediatric ACL injuries  
Speaker to be confirmed

**15:15**  
Discussion

**15:30**  
Close

**15:30**  
Refreshments

**BREAK OUT SESSIONS (2)**

**CEREBRAL PALSY: Hip management in cerebral palsy**  
**Chair:** Mr Guy Atherton

**15:50**  
What is the evidence for intervention?  
Mr Martin Gough, Consultant Paediatric Orthopaedic Surgeon, Evelina London Children's Hospital

**16:05**  
When should we be operating?  
Mr Fabian Norman-Taylor, Consultant Paediatric Orthopaedic Surgeon, Great Ormond Street Hospital for Children

**16:20**  
Containment strategy: when, how and for whom?  
Mr Christopher Talbot, Consultant Paediatric Trauma and Orthopaedic Surgeon, Alder Hey Children's Hospital NHS Foundation Trust

**16:45**  
Hip preservation adolescent surgery: indications, techniques and long term expectations  
Mr Sanjeev Madan, Consultant Orthopaedic Surgeon, Sheffield Children’s NHS Foundation Trust

**17:00**  
Is total hip replacement the ultimate management?  
Mr Marcus Bankes, Consultant Orthopaedic Surgeon, Guy’s and St Thomas’ NHS Foundation Trust

**17:15**  
Discussion

**17:30**  
Close

**HIP: Management of Perthes disease - is there a gold standard?**

**Chairs:** Marcus Bankes, Colin Bruce & Ed Bache

**14:30**  
Containment strategy: when, how and for whom?  
Mr Christopher Talbot, Consultant Paediatric Trauma and Orthopaedic Surgeon, Alder Hey Children's Hospital NHS Foundation Trust

**14:45**  
Hip preservation adolescent surgery: indications, techniques and long term expectations  
Mr Sanjeev Madan, Consultant Orthopaedic Surgeon, Sheffield Children’s NHS Foundation Trust

**15:00**  
Is total hip replacement the ultimate management?  
Mr Marcus Bankes, Consultant Orthopaedic Surgeon, Guy’s and St Thomas’ NHS Foundation Trust

**15:15**  
Discussion

**15:30**  
Close

**16:05**  
Deformity correction with intramedullary devices  
Professor Rainer Baumgart, Head of Center, ZEM-Germany, Center of Corrective & Reconstructive Limb Surgery, Munich

**16:20**  
Challenges in rehabilitation after lengthening nail surgery  
Ms Deborah Jackson, Specialist Paediatric Orthopaedic Physiotherapist, Great Ormond Street Hospital for Children

**16:35**  
The role of 3D ultrasound in assessing hip migration  
Mrs Rebecca Kay, Clinical Scientist, One Small Step Gait Laboratory, Guy's Hospital

**16:40**  
Discussion

**16:50**  
Close

**RECONVENE IN MAIN AUDITORIUM**

**16:55**  
Key note: The application of virtual reality in paediatric surgery - toy or game changer?  
Mr Chris Evans, Founder, The Little Spark Hospital

**17:25**  
Summary

**17:30**  
Close of meeting

---

**Registration fees**

**Consultant:** £99  
**Trainee:** £80  
**Allied Health Professional:** £75 (includes physiotherapists)  
**Retired/Student:** £65 (strictly only for those earning a salary of less than 16k pa)

Registration with ORUK is essential before registering online for this meeting. Upon registration you will be given the option to book this meeting online.

Registration with ORUK is free and open to all, join online here: [www.oruk.org/register](http://www.oruk.org/register)